



EBOLA MYTHS:

Setting the Record Straight

MYTH: Ebola can be spread through the air.

FACT: Ebola is spread through **CONTACT WITH BODILY FLUIDS** including blood, sweat, urine, saliva and vomit and must come into contact with your eyes, mouth, nostrils, ears, genital area or an open wound.

MYTH: Ebola always causes hemorrhaging from body orifices.

FACT: This type of bleeding occurs only in **ABOUT 20 PERCENT** of cases. Symptoms of Ebola can include weakness, fever, rash, diarrhea, abdominal distress, vomiting and difficulty breathing or swallowing.

MYTH: You will die if you get Ebola.

FACT: Death is a possibility, as with other diseases. There are ways you can prevent contracting the virus and **PROTECT YOURSELF** if you are infected. Find out how at <http://www.cdc.gov/vhf/ebola/>

MYTH: Ebola liquefies your organs.

FACT: The body's organs do not liquefy – they can **GO INTO SHOCK AND FAIL**. This tissue destruction generally takes place at a later stage as the disease progresses and does not always occur.

MYTH: U.S. hospitals aren't prepared.

FACT: To manage diseases that travel through bodily fluids hospitals **ISOLATE** anyone who shows symptoms or has contracted the virus then they identify and **SCREEN** anyone who has been near these individuals.

MYTH: Ebola is not treatable.

FACT: No vaccine or medication for Ebola is currently available. Doctors can **TREAT THE SYMPTOMS** by administering intravenous fluids and electrolytes, monitoring oxygen levels and treating infections as they occur. This care significantly improves the chances of survival.

KEEPING EBOLA [AND OTHER VIRUSES] AT BAY



**Wash your
hands**



**Avoid contact with
an infected person**



**Monitor
your health**



**If you develop a fever
plus other symptoms,
SEEK MEDICAL CARE
IMMEDIATELY.**